TRICARE offers affordable, quality medical care and pharmacy coverage for retired men and women who served in the U.S. military, regardless of age. TRICARE for Life (TFL) is available to all military retirees and their eligible family members who are 65 years of age and older, but only if they elect to purchase Medicare Part B coverage.

TFL Benefits Overview

You must be enrolled in Medicare Part B once you turn 65 years old in order for TRICARE to pay for any of your health care costs—even if you are still working full time. For services payable by TRICARE but not Medicare (such as overseas care), TRICARE will pay the same as if you were under age 65. You will be responsible for the TRICARE fiscal year deductible and cost shares as under the TRICARE

Standard program. For services not payable by TRICARE, you are responsible for all or part of the medical bill.

If you receive care from a civilian provider in the U.S. who accepts Medicare, your provider will file the claim(s) with Medicare. Medicare will pay its portion, then automatically forward the claim to the TRICARE claims processor for the remaining amount. TRICARE will send its payment directly to your provider. You will receive an Explanation Of Benefits (EOB) that indicates the amount paid to your provider.

Enrolling in Medicare Part B

Overseas retirees remain eligible for Medicare and may purchase Medicare Part B upon reaching age 65, despite recent increases in the Social Security retirement age. According to the Social Security Administration (SSA), full-retirement age for Social Security benefits will gradually increase beginning with people born in 1938, and will continue to increase incrementally until it reaches age 67 for people born after 1959.

However, the age for Medicare eligibility remains the same. Even if retirees are not eligible for full Social Security retirement benefits at age 65, they may still sign up for Medicare during their initial enrollment period (the three month period prior to the 65th birthday). The SSA will notify those who are approaching their 65th birthday when this period begins. Military retirees who purchase Medicare Part B during this period will ensure their eligibility

for TRICARE for Life benefits upon turning 65.

MEDICARE 1-800-MEDICARE (1-800-633-4227) NAME OF BENEFICIARY JANE DOE MEDICARE CLAIM NUMBER SEX 000-00-0000-A FEMALE IS ENTITLED TO HOSPITAL MEDICAL (PART A) 07-01-1986 O7-01-1986 SIGN HERE DO NOT SEND CLAIMS FOR PAYMENT OF MEDICARE BENEFITS TO THIS (4) ADDRESS

Waiting to Enroll in Medicare Part B

If military retirees choose to wait until they begin to receive annuity payments before enrolling in Medicare Part B, they will have to wait for the Medicare open enrollment season (January 1 through March 31 of each year) to purchase Part B.

Since Part B purchases made during the open period are not effective until the following July, TRICARE for Life eligibility would also be delayed until the following July. There are many other rules associated with Medicare enrollment, including financial penalties for those retirees who do not enroll in Part B when first eligible at age 65. Visit the Social Security Administration online at www.ssa.gov for details.

You May Have to Pay Initial Billings

Medicare sends a quarterly bill for the Medicare Part B premium to individuals if they are not yet receiving Social Security benefits. Beneficiaries who turn 65 in 2003 or later will be required to send their initial Medicare payments to the Centers for Medicare & Medicaid Services (CMS) since their first full-retirement annuity check will be delayed under the new SSA guidelines. Once beneficiaries begin receiving their full-retirement annuity checks, Medicare payments may be automatically deducted.

Where to Get More Information

For more information about TFL, beneficiaries may call or visit their local MTF or contact their nearest TRICARE Service Center. The TRICARE Europe website also hosts a retiree section with news and links to important information.

To find out how the new full-retirement age affects Social Security retirement benefits, visit www.socialsecurity.gov. Beneficiaries may also call the Social Security Administration at 1-800-772-1213; TTY (Telecommunications Device for the Deaf) users may call 1-800-325-0778.

Medicare Part B enrollment forms are available from Federal Benefits Unit (FBU) at certain U.S. Embassy or Consulates, or online at www.medicare.gov/Basics/ EnrollmentPackage.asp. Beneficiaries may request Medicare enrollment forms by calling the numbers listed below.

DEERS Updates Are Critical

TRICARE For Life beneficiaries who need to update or verify their eligibility, or beneficiaries who have received an Explanation of Benefits (EOB) stating that they need to update their eligibility should contact the nearest ID card facility for assistance. Information about DEERS records may be obtained at the DEERS Support Office at 001-800-538-9552. This office is open from 3 p.m. to 12:30 a.m. Central European Time. TFL beneficiaries may also update their home addresses on the TRICARE web site at:

www.tricare.osd.mil/DEERSAddress

Jerusalem.....2-6285618

| Federal Benefits Unit (FBU) Contact Numbers | |
|--|--|
| Beneficiaries may request Medicare enrollment forms from the FBU closest to their location: (Country Code 49) | Nice |
| Choose a number based on the spelling of your last name: A-Bud | SWIPDENT, ENVIROND, DENVIROR (Country Code 46) Stockholm |
| Dok-Frog. 069-7535-2327 Froh-Gror. 069-7535-2245 Gros-Hei. 069-7535-2495 | \text{NORWMY} (Country Code 47) Oslo |
| Hej-Kloq | SWAFFARMID (Country Code 41) Bern031-357-7235 or 7380 |
| Pu-Schneh | \(\text{Visite V.}\) (Country Code 43) Vienna043-1-313397539 |
| TEXAST (Country Code 39) Rome | POLAND (Country Code 48) Warschau |
| Naples | SPANN (Country Code 34) Madrid |
| London | FORTUGANL (Country Code 351) Lisbon1770-2352 or 2405/2412/2413 |
| 国外代现 (Country Code 32) Brussels | (EXDECT) (Country Code 30) Athens1-720-2430 or 2782/2431/2425/2465 |
| Paris | ISRAPL (Country Code 972) Tel Aviv2-3597-544 or 531 |